

Memory Care Weekly Activities

Sundays	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays
<p>Mornings: Coffee and TV with Friends</p> <p>Listen to Music</p>	<p>Mornings: Exercise</p> <p>Manicures</p> <p>Table Games</p>	<p>Mornings: Exercise</p> <p>Word Games/ Trivia</p> <p>Coloring/Craft</p>	<p>Mornings: Exercise</p> <p>Hand Massages</p> <p>Walking Club</p>	<p>Mornings: Exercise</p> <p>Bus Ride</p> <p>Reminiscing/ Memory Share</p>	<p>Mornings: Morning Chat</p> <p>Listen to Music</p>	<p>Mornings: Coffee and TV with Friends</p>
<p>Afternoons: Rest and Relaxation</p> <p>Movie and Popcorn</p>	<p>Afternoons: Bingo</p> <p>Physical Games</p>	<p>Afternoons: Church with Jerry</p> <p>Ice Cream Treat</p>	<p>Afternoons: Baking or Snack and Chat</p> <p>Table Games</p>	<p>Afternoons: Art and Aromatherapy</p> <p>Physical Games</p>	<p>Afternoons: Happy Hour (3p.m. in the Piano Lounge)</p>	<p>Afternoons: Rest and Relaxation</p> <p>Movie and Popcorn</p>