

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Memory Care

| | | | | | | | |
|------------------------|--|--|---|---|---|---|---------------------------------------|
| | | | | | | 1 10:35 Jigsaw Puzzles 11:00 Daily Gratitude 2:00 Dice Exercise 3:00 Happy Hour W/Iowa Accordion Club/PL | 2 2:00 Spades |
| 3 | 4 | 5 10:35 Cheerleader Exercise 11:00 Patio Chat/P 3:00 Tailored Sugar Wafers 4:00 Funny Fashion Show/AL | 6 10:35 Watercolors 1:30 Worship With Steve/FP 3:00 Out Front Walk & Chat/O | 7 10:35 Manicures 2:30 Balloon Volley 4:00 Fall Collage | 8 10:35 Exercise 11:00 This Day In History 3:00 Happy Hour with Betty Debban/PL | | 9 |
| 10 Grandparents Day | Labor Day 11 10:35 Tie Pillows 2:25 Handbells with Kathy/AR 3:15 Pie in the Face/P 7:15 Outdoor Move Hairspray/P | 12 Wacky Tacky Tuesday 10:35 Chair Yoga 11:00 Pickle Races 2:00 Catholic Communion/MC 3:00 Innertube Sling/P | 13 Carnival 10:35 Cheerleader Exercise 11:00 Skip-Bo 1:30 Worship With Steve/FP 2:00 Dunk Tank/P 3:30 Carnival/PL | 14 Decade Throwing 10:35 Connect Four 11:00 Find Something For Show & Tell To Share 2:00 Show and Tell 3:00 Karaoke | 15 Prom 10:35 Sit & Stretch 2:00 Hair 3:00 Makeup 5:00 PROM W/Special Guest Dave Wirtz/DR Rosh Hashanah Begins | | 16 Oktoberfest Begins |
| 17 | 18 10:35 Pictionary 2:25 Handbells with Kathy/AR 3:15 BINGO/AR | 19 10:35 Exercise 11:00 Hearts 2:35 Wheel Of Fortune 3:00 Mini Golf | 20 10:35 Chair Yoga 1:30 Worship With Steve/FP 3:00 Sing-A-Long 4:00 1:1 W/Resident | 21 10:35 Make Stress Balls 2:00 Daily Gratitude 3:30 Cheerleading Exercise | 22 10:30 Good Ole Days with Bill/FP 2:00 Patio Yoga 3:00 Happy Birthday Hour W/Sam Siegert/PL | | 23 9:00 Crazy 8's Autumn Begins |
| 24 Yom Kippur | 25 10:35 Name 10 2:25 Handbells with Kathy/AR 3:15 BINGO/AR | 26 10:35 Patio Refreshments 11:00 Sing-A-Long 2:00 Press A Leaf | 27 10:35 Chair Yoga 1:30 Worship With Steve/FP 3:00 Noodle Ball Vs AL 4:00 Men's Group | 28 10:35 October Happenings 2:00 Fall Decor 3:30 Seated Exercise | 29 10:35 Chair Yoga 2:00 Bowling 3:00 Happy Hour W/Country Steppers/PL Sukkot Begins | | 30 |

FP- Fireplace, AR- Activities Room, O- Outing, H- Hallway, PL- Piano Lounge, CF- Conference Room, MC- Memory Care