

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2022



The Gardens of Cedar Rapids Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 <small>New Year's Day</small>
2 11:00 Bingo w/ Melissa	3 10:30 Exercise 11:00 EZ Does It Trivia 1:30 Handbells w/Kathy 3:00 Bingo	4 10:30 Exercise 11:00 New Year's Fill-In 1:30 Worship w/ Jerry	5 10:30 Exercise 11:00 Coverall 3:30 Spa Day	6 10:30 Exercise 11:00 Noodle ball 2:00 Current Events	7 10:00 Trip to Riverside Casino 3:00 Happy Hour w/Midnight Rider (PL)	8 11:30 Pizza Party
9	10 10:30 Exercise 11:00 Yahtzee 1:30 Handbells w/Kathy 3:00 Bingo	11 10:30 Exercise 11:00 Finish the Phrase 1:30 Worship w/ Jerry 2:00 Communion	12 10:30 Exercise 11:00 Bracelet Crafts 3:30 Marci's Memorables	13 10:30 Exercise 11:00 Making Hot Chocolate 2:00 Current Events	14 10:00 Brunch 3:00 Happy Hour w/ Accordion Club (PL)	15
16	17 10:30 Exercise 11:00 Rummy 1:30 Handbells w/Kathy 3:00 Bingo <small>Martin Luther King Jr. Day</small>	18 10:30 Exercise 11:00 Uno 1:30 Worship w/ Jerry 3:30 Making Cookies	19 10:30 Exercise 11:00 Putting the Past in Order 3:30 Spa Day	20 10:30 Exercise 11:00 Family Feud 2:00 Current Events	21 11:00 Painting Class 3:00 Happy Hour w/ Scott Engledow(PL)	22
23 <small>Activity Professionals Week</small>	24 10:30 Exercise 11:00 Zero Difference 1:30 Handbells w/Kathy 3:00 Bingo	25 10:30 Exercise 11:00 Noodle Ball 1:30 Worship w/ Jerry 3:30 Tenant Council	26 10:00 Brunch 3:30 Celebrate January Birthdays <small>Australia Day (observed)</small>	27 10:30 Exercise 2:00 Current Events 3:30 Taco Bar (PL)	28 11:00 Bus Ride + Lunch 3:00 Happy Hour w/ Larry Jensen (PL)	29
30	31 10:30 Exercise 11:00 Family Feud 1:30 Handbells w/Kathy 3:00 Bingo	<h2>The Gardens of Cedar Rapids Assisted Living</h2>				

Activities are subject to change-----PL=Piano Lounge