


















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>January 2025</h1> <p>Memory Care</p>			<p>No Activities! 1</p>  <p>New Year's Day</p>	<p>8:45 Morning Walk 2</p> <p>9:00 Jenga</p> <p>11:30 1:1 w/Resident</p> <p>1:30 Worship w/Steve/MC</p> <p>4:00 Relax &amp; Reduce Stress Vision Board</p>	<p>8:45 Dice Exercise 3</p> <p>9:00 What am I &amp; Hydrate</p> <p>2:00 Happy Hour w/Accordion Club/PL</p> <p>3:15 Monopoly</p>	<p>2:30 Bake Cinnamon Rolls &amp; Play Cards 4</p> <p>Tonja Works</p>
<p>5</p> 	<p>8:45 Chair Yoga</p> <p>9:00 Hot Cocoa &amp; a Story</p> <p>10:00 Sock Snowman Craft</p> <p>2:25 Handbells w/Kathy/AR</p> <p>2:25 Bingo</p> 	<p>6</p> <p>8:45 Chair Jumping Jacks &amp; Weighted Exercise</p> <p>9:00 Popsicle Stick Snowman</p> <p>1:00 Noodle Ball</p> <p>2:00 Special Guest Erin</p> <p>3:00 Popcorn &amp; a Movie</p>	<p>7</p> <p>8:45 Make Fake Snow</p> <p>9:00 Build a Snowman</p> <p>10:00 Paper Snow Globe Craft</p> <p>1:30 Worship w/Steve/MC</p> <p>3:40 Bingo</p> 	<p>8</p> <p>8:45 10 Laps &amp; a Cone</p> <p>9:00 Crazy 8's &amp; Hydrate</p> <p>11:30 1:1 w/Resident</p> <p>1:00 Mason Jar Aquarium</p> <p>4:00 Shirt Box Shadow Box Craft</p>	<p>9</p> <p>8:45 Chair Stretches</p> <p>9:00 2<sup>nd</sup> Cup of Coffee Social</p> <p>10:00 Cards w/Friends/PL</p> <p>2:00 Happy Hour w/Betty Debban/PL</p> <p>3:15 Puff Paint Flakes</p>	<p>10</p> 
<p>January Birthdays: Michele Jan 6<sup>th</sup> Marilyn Jan 10<sup>th</sup></p> 	<p>12</p> <p>8:45 Chair Pilates</p> <p>9:00 Manicures &amp; Coffee</p> <p>10:00 Decorate Picture Frames Craft</p> <p>2:25 Corner Store</p> <p>3:25 Bingo</p> 	<p>13</p> <p>8:45 Relaxing Stretches</p> <p>9:00 Coverall &amp; Hydrate</p> <p>10:00 Watercolor Painting</p> <p>2:00 Catholic Communion</p> <p>3:00 Phase 10 Cards</p>	<p>14</p> <p>8:45 Make Fake Snow</p> <p>9:00 Build a Snowman</p> <p>10:00 Armchair Travel w/Erin/PL</p> <p>1:30 Worship w/Steve/MC</p> <p>3:00 Bingo</p> 	<p>15</p> <p>8:45 Kickball</p> <p>9:00 Customer Service Stories &amp; Hydrate</p> <p>11:30 1:1 w/Resident</p> <p>1:00 Uno Cards</p> <p>4:00 Gorillas in the Mist Movie</p>	<p>16</p> <p>8:45 Ladder Ball</p> <p>9:00 Daily Gratitude &amp; Hydrate</p> <p>2:00 Happy Hour w/Aaron Shoemaker/PL</p> <p>3:15 Charades</p>	<p>17</p> <p>1:00 Bake Cookies &amp; Play Jenga</p> <p>Dusty Works</p>
<p>Happy Activity Professionals Week!</p>  <p>Activity Professionals Week</p>	<p>20</p> <p>8:45 Snowball Fight</p> <p>9:00 Beach Ball Hockey &amp; Hydrate</p> <p>10:00 Winter Hat Painting</p> <p>2:25 Handbells w/Kathy/AR</p> <p>3:25 Bingo</p> 	<p>21</p> <p>8:45 Simon Says Exercise</p> <p>9:00 Color by Number &amp; Hydrate</p> <p>10:00 Cooking Demo w/Jill</p> <p>2:00 Special Guest Erin</p> <p>3:00 Make Puppy Chow</p>	<p>22</p> <p>8:45 Noodle Ball</p> <p>9:00 Stained Glass Cookie Making &amp; Hydrate</p> <p>10:00 Clay Snowman Craft</p> <p>1:30 Worship w/Steve/MC</p> <p>3:00 Bingo</p> 	<p>23</p> <p>8:45 Question Ball Exercise</p> <p>9:00 Checkers &amp; Hydrate</p> <p>11:30 1:1 w/Resident</p> <p>1:00 Pie Filling Tasting</p> <p>4:00 Make Door Decor</p> <p>National Pie Day</p>	<p>24</p> <p>8:45 Chair Yoga</p> <p>9:00 PB Smoothie &amp; Storytime</p> <p>2:00 Happy Hour w/Dave Wirtz/PL</p> <p>3:15 Old Maid Cards</p> 	<p>25</p> 
<p>The Gardens Of Cedar Rapids</p>  <p>Australia Day (Observed)</p>	<p>26</p> <p>8:45 Walk &amp; Talk Fitness</p> <p>9:00 Manicures &amp; Coffee</p> <p>10:00 Make Bird Feeders</p> <p>2:25 Handbells w/Kathy/AR</p> <p>3:25 Bingo</p> 	<p>27</p> <p>8:45 Chair Jazzercise</p> <p>9:00 Uno &amp; Hydrate</p> <p>10:00 Make Suncatchers Craft</p> <p>1:00 Drunken Balloon Volley</p> <p>2:00 Decorate Rice Crispy Treats</p> <p>3:30 Splattered Art Vases</p>	<p>28</p> <p>8:45 Chair Pilates</p> <p>9:00 LCR &amp; Hydrate</p> <p>10:00 Marshmallow Cup Game</p> <p>1:30 Worship w/Steve/MC</p> <p>3:00 Bingo</p> 	<p>29</p> <p>8:45 Chair Zumba</p> <p>9:00 Compliment Jar &amp; Hydrate</p> <p>11:30 1:1 w/Resident</p> <p>1:00 Clay Conversation Hearts</p> <p>4:00 Make 2 Ingredient Fudge</p>	<p>30</p> <p>8:45 Where am I Trivia</p> <p>9:00 Noodle Ball</p> <p>2:00 Special Guest Austin Green/PL</p> <p>3:15 Name that City</p>	<p>31</p> <p><b>Activities are Subject to Change!</b></p>

PL- Piano Lounge, FP- Fireplace Area, CR- Conference Room, H- Hallway, MC- Memory Care, O- Outing, AR- Activities Room, DR- Dining Room